

**VIVEK COLLEGE OF AYURVEDIC SCIENCES AND HOSPITAL, BIJNOR, U.P**  
**RESEARCH PUBLICATIONS**

<b>Sr. No.</b>	<b>Title of Article</b>	<b>Author</b>	<b>Publication</b>	<b>ISSN No.</b>	<b>Year</b>
1.	A Review Article on the Polular Medicinal Plant in Ayurveda- Punarava (Boerhaava Diffusa)	Dr. Shambhu P. Patel	International Journal of AYUSH	2349-7025	December 2024
2.	A Meta Analysis Data on Prakriti Assessment Tool and Co-Relation With Hematological Parameters Specially Total Leucocyte Count (Tlc)	Dr. Sujit Kumar	International Journal of AYUSH	2349-7025	December 2024
3.	Essentials of Human Physiology for AYUSH Professionals	Dr. Sujit Kumar	Prachi Digital Publication	9789348332455	November 2024
4.	Practical Record on Dravyaguna Vigyan	Dr. Shambhu P. Patel	Prachi Digital Publication	9789348332127	December 2024
5.	The Text Book of Childhood Tamaka Shwasa (Bronchial Asthma)	Dr Sachchidanand Dr Ketaki Nivrutti Lokhande	Prachi Digital Publication	9789348332721	December 2024
6.	A Systematic Study on Ritu Sandhi and Ritucharuya - the Indian Season Regimen	Dr. Sujit Kumar	Agnivesh Journal	Edition-1, Issue-1	Jul-Sep 2024
7.	Ayurvedic management of mutrashmsri(renal calculi) in children with special reference to ultrasonography- a single case study	Dr. Akriti Gupta	IJRAR Publication	2348-1269	October 2023
8.	Effect of triphala Guggul in the management of Kranasrava (Csom)-A Review Article	Dr. Anil Kumar Patel Dr. Jyoti Dhyani	Journal of Emerging Technologies and Innovative Research	2349-5162	October 2023
9.	Evaluation of Sthapanimarna: A review	Dr. Amandeep Kaur	Ayush DharaPublication	2393-9591	June 2023
10.	Panchgavya in Human life and Health	Dr. Amandeep Kaur	International Journal of Research in Ayurveda	2229-3566	April 2023

11.	A Critical Interpretation On Gara Visha And Dushi Visha	Dr. Santosh Gupta	Journal of Emerging Technologies and Innovative Research	2349-5162	March 2023
12.	An Observational Study on Jalaukavacharana (Leech Therapy) In the Management of Varicose Vein	Dr. Kunwar Adhar Bhatnagar	Quest Journal of Medical and Dental Science Research	2394-076X	February 2023
13.	Management of Vataja Shiroshula with Nashyaand Shirodhara- A Case study.	Dr. M. Sreenivasulu	International Journal of Scientific Research	2277 - 8179	February 2023
14.	A Clinical Observational Study on Pandu Vyadhi- A Brief Review	Dr. Nrapendra Kumar Arya	Journal of Emerging Technologies and Innovative Research	2349-5162	February 2023
15.	An Observational Study on Urdhwanga Amlapitta and its Clinical Management	Dr. Pragya Sharma	Journal of Emerging Technologies and Innovative Research	2349-5162	February 2023
16.	“A comprehensive study of Erand mool (Ricinus communis Root) W.S.R. to Vrishya Karma (Aphrodisiac Properties).”	Dr.Shambhu P. Patel Dr. Sunil Kumar	Journal of Emerging Technologies and Innovative Research	2349-5162	December 2022
17.	A Critical Interpretation on Amavata-An Ayurvedic Prospective.	Dr Mallikarjun Dr. Sandeep Aggarwal	Journal of Emerging Technologies and Innovative Research	2349-5162	November 2022
18.	Pharmacognostic and Analytical Parameter Evaluation of Rose Water	Dr. Surabhi Verma	International Ayurvedic Medical Journal	2320-5091	October 2022
19.	A Case Study Ayurvedic Management on Spinal Canal Stenosis ( Merudanda Kshaya)	Dr. Sujit Kumar Dr. Sandeep Aggarwal Dr.Awadhesh Baranwal	International Journal of Ayush	2349-7025	October 2022
20.	Clinical Study of Daivavyapasraya Chikitsa in the Management of Manas Vyadhi	Dr. Sandeep Aggarwal	International Journal of Ayush	2349-7025	October 2022
21.	The Gift of Nature Guduchi (Tinospora cordifolia) amd Kanda guduchi (Tinospora Malabarica)	Dr.Shambhu P. Patel	Unique Publication Pune	ISBN: 978-93-91615-24-6	September-2022

22.	Role of Nasya Karma in The Management of Pratishyaya (Allergic Rhinitis)	Dr. Dharmendra Kumar Dr. Sreenivasulu Murari	International Journal of Ayurveda and Pharma Research	2322-0902P	September 2022
23.	Pharmaceutical Processing of Gold WSR To General Purification	Dr. Debasis Panigrahi	International Ayurvedic Medical Journal	2320-5091	July 2022
24.	A Childhood Malnutrition Deficiency in India- A Review on Karshya	Dr. Shambhu P Patel Dr. Sunil Kumar	International Research Journal of Ayurved and Yoga	2581-785X	June 2022
25.	The Management of Karnashula (Otagia) with Fresh Paribhadra Patra Swarasa Karnapurana (Ear Drop) in Karnasula with or Without Irimedadi Taila Gandusham (Gurgle)	Dr. Sreenivasulu Murari Dr. Hazera Khatun	International Journal of Ayurveda and Pharma Research	2322-0902P	June 2022
26.	Medicinal Plants and Their Medicinal Utility Found in Bijnor District U.P	Dr. Sunil Kumar	Journal of Emerging Technologies and Innovative Research	2349-5162	June 2022
27.	A Review on Pharmaco-Nutritive Importance of Sahajan Tree (Moringa Oleifera) India	Dr. Sunil Kumar	International Journal of Creative Research Thoughts	2320-2882	May 2022
28.	Karshya -A Critical Review on Nutritional Deficiency as Per Ayurveda	Dr. Ketaki Lokhande Dr. Sachchidanand Dr. Hazera Khatun	International Journal of Ayurveda and Pharma Research	2322 - 0902	April 2022
29.	The Significant Role of Manas Hetu Vikara's in the Development of Manas Vikruti(Mental Disorders)	Dr. Sandeep Aggarwal Dr. Sujit Kumar	Internation Journal of Creative Research Thoughts (IJCRT)	2320-2882	February 2022
30.	Importance of Medhya Rasayana Drugs Used in the Treatment of Mental Stress.	Dr. Shambhu P Patel Dr. Sunil Kumar Dr. Sujit Kumar Dr. Sandeep Aggarwal	International Research Journal of Ayurved and Yoga	2581-785X	December 2021

31.	A Critical Interpretation on Ancient Methodology of Shava Shanrakshana (Cadaver Preservation) According to Acharya Sushruta	Dr. Rajeev Kumar Dr. Sujit Kumar	International Research Journal of Ayurved and Yoga	2581-785X	December 2021
32.	A Physiological Aspect of Menstrual Blood (Aartva Dhatu) -An Important Updhatu of Female Reproductive System	Dr. Awadhesh Kumar Baranwal Dr. Sujit Kumar	Journal of Emerging Technologies and Innovative Research	2349-5162	September 2021
33.	An Applied Physiology on Sthaulya (Obesity) Disease- A Lifestyle Disorder	Dr. Awadhesh Kumar Baranwal Dr. Sujit Kumar	Journal of Emerging Technologies and Innovative Research	2349-5162	September 2021
34.	A Conceptual study on Madhumeha (DM Type 2) – A Life Style Disorder	Dr. Awadhesh Kumar Baranwal Dr. Sujit Kumar	Journal of Emerging Technologies and Innovative Research	2349-5162	September 2021
35.	An Applied Physiology of Parkinson's Disease – An Old Age Neurological Disorder	Dr. Awadhesh Kumar Baranwal Dr. Sujit Kumar	Journal of Emerging Technologies and Innovative Research	2349-5162	September 2021
36.	A Literary Study on Sickle Cell Anaemia (HbS): A Gene Defect Disorder	Dr. Awadhesh Kumar Baranwal Dr. Sujit Kumar	Journal of Emerging Technologies and Innovative Research	2349-5162	September 2021
37.	Ancient Use of Swarnaprashana As An Immunomodulatory Effect: An Evidence Based Observational Study In Children	Dr. Shambhu P Patel Dr. Sujit Kumar	Journal of Emerging Technologies and Innovative Research	2349-5162	September 2021
38.	A Literary Study on Unmada Vyadhi - A Mental disorder	Dr. Balbir Singh Dr. Sandeep Aggarwal Dr. Suman Aggarwal Dr. Sujit Kumar	Journal of Emerging Technologies and Innovative Research	2349-5162	August 2021
39.	A Literary Study on Amavata Vyadhi - A Most prevalent Disease in India	Dr. Balbir Singh Dr. Sandeep Aggarwal Dr. Sujit Kumar	Journal of Emerging Technologies and Innovative Research	2349-5162	August 2021

40.	A Literary Study on Ritucharya - A Complete Regimen of Life	Dr. Sujit Kumar	Journal of Emerging Technologies and Innovative Research	2349-5162	August 2021
41.	A Literary Study On Madhumeha (Diabetes Mellitus) According To Ayurvedic Classics - A Brief Review	Dr. Sujit Kumar	World Journal of Pharmaceutical Research	2277-7105	July 2021
42.	A Literary Study on Pandu Vyadhi – The Most Prevalent Disease in India	Dr. Sandeep Aggarwal Dr. Suman Aggarwal Dr. Debasis Panigrahi Dr. Sujit Kumar Dr. Shambhu P Patel	Journal of Emerging Technologies and Innovative Research	2349-5162	July 2021
43.	A Literary Study on Bilwa Medicinal Plant (Aegle marmelos) - A Nature's Gift Plant	Dr. Sandeep Aggarwal Dr. Suman Aggarwal Dr. Debasis Panigrahi Dr. Sujit Kumar Dr. Shambhu P Patel	Journal of Emerging Technologies and Innovative Research	2349-5162	July 2021
44.	A Literary Study on Action and Perception of Artha (Knowledge) Through Pancha Jnanendriya (Five Sensory Organs): A Brief Review Study	Dr. Sandeep Aggarwal Dr. Suman Aggarwal Dr. Sujit Kumar Dr. Shambhu P Patel	Journal of Emerging Technologies and Innovative Research	2349-5162	June 2021
45.	The critical interpretation on Ashwagandha (Withania Somnifera) and its physiological action over human body- A review study	Dr. Sujit Kumar	International Journal of Botany Studies	2455-541X	April 2021
46.	Traditional Chikitsa Upkrama on Daivavyapashraya: A Brief Review Study	Dr. Suman Aggarwal Dr. Sandeep Aggarwal Dr. Shambhu P Patel Dr. Sujit Kumar	International Research Journal of Ayurveda & Yoga	2581-785X	March 2021

47.	The Effect of Ayurvedic Principles in the Prevention and Management of Chronic Diseases in Present Scenario- A Sustainable Development Goal of Ayurveda	Dr. Sandeep Aggarwal Dr. Sujit Kumar	Rashtriya Ayurveda Vidyapeeth	0976-2809	March 2021
48.	Traditional Chikitsa Upkrama on Daivavyapashraya: A Brief Review Study	Dr. Suman Aggarwal Dr. Sandeep Aggarwal Dr. Shambhu P Patel Dr. Sujit Kumar	International Research Journal of Ayurveda & Yoga	2581-785X	March 2021
49.	Ayurvedic Management of Eka Kushtha (Psoriasis)	Dr. Amol Sonune Dr. Tamanna	Heritage Amruth	0973-2764	April 2020
50.	Ayurveda For Scanty Urination	Dr. Amol Sonune Dr. Tamanna	Heritage Amruth	0973-2764	Feb 2020
51.	Ethno Pharmaco-Therapeutic Review on Indian Medicinal Plant Kokilaksha -Asteracantha Longifolia	Dr. Sunil Kumar	Journal of Vishwa Ayurved Parishad	0976-8300	Jan-Feb 2019
52.	Health Benefits of Immune Booster Ayurvedic Plant Tila (Sesamum Indicum) In Winter Season	Dr. Sunil Kumar	Journal of Vishwa Ayurved Parishad	0976-8300	Nov-Dec 2019
53.	A Review Article on Different Treatment of Dushi Visha as Per Brahutryee	Dr.Chitranshu Saxena Dr.Sandeep Aggarwal	The Pharma Innovation Journal	2277-7695	Nov 2018